

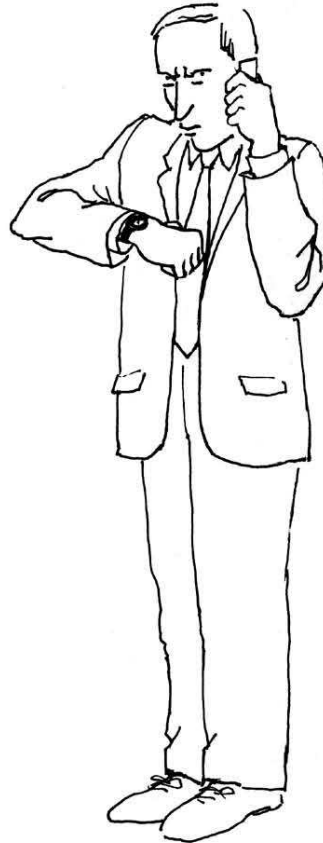
THE DOMINATOR IS HIS NAME CONTROLLING WOMEN IS HIS GAME

From the book 'Living with the Dominator' by Pat Craven. www.freedomprogramme.co.uk



THE SEXUAL CONTROLLER

- Rapes you.
- Won't accept no for an answer.
- Keeps you pregnant OR
- Rejects your Advances.



THE BULLY

- Glares.
- Shouts.
- Smashes things.
- Sulks.



KING OF THE CASTLE

- Treats you as a servant/slave.
- Says women are for sex, cooking and housework.
- Expects sex on demand.
- Controls all the money.



THE JAILER

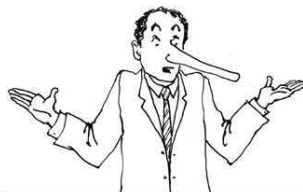
- Stops you from working and seeing friends.
- Tells you what to wear.
- Keeps you in the house.
- Seduces your friends/family.

Don't listen to your mother, she's a slag...



THE BADFATHER

- Says you are a bad mother.
- Turns the children against you.
- Uses access to harass you.
- Threatens to take the children away.
- Persuades you to have 'his' baby, and then refuses to help you care for it.



THE LIAR

- Denies any abuse.
- Says it was 'only' a slap.
- Blames drink, drugs, stress, over-work, you, unemployment etc



THE PERSUADER

- Threatens to hurt or kill you or the children.
- Cries.
- Says he loves you.
- Threatens to kill himself.
- Threatens to report you to Social Services, DSS etc.



THE HEADWORKER

- Puts you down.
- Tells you you're too fat, too thin, ugly, stupid, useless etc.

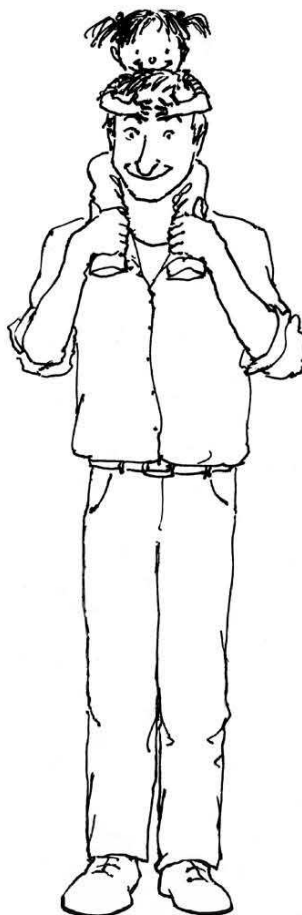
NOT A SAINT THAT WE ARE SEEING JUST A DECENT HUMAN BEING

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THE LOVER

- Shows you physical affection without assuming it will lead to sex.
- Accepts your right to say no to sex.
- Shares responsibility for contraception etc.



THE FRIEND

- Talks to you.
- Listens to you.
- Is a companion.
- Has a sense of humour.
- Is cheerful.



THE PARTNER

- Does his share of the housework.
- Shares financial responsibility.
- Treats you as an equal.



THE LIBERATOR

- Welcomes your friends and family.
- Encourages you to have outside interests.
- Encourages you to develop your skills at work or at college..



THE GOODFATHER

- Is a responsible parent.
- Is an equal parent.
- Supports your dealings with the children.



THE TRUTHTELLER

- Accepts responsibility.
- Admits to being wrong.



THE NEGOTIATOR

- Takes responsibility for his own well-being and happiness.
- Behaves like a reasonable human being.



THE CONFIDENCE BOOSTER

- Says you look good.
- Values your opinions.
- Supports your ambitions.
- Says you are competent.
- Values you.