

MR WRONG

An Abusive Man:



Shouts

Sulks

Smashes things

Glares

Calls you names

Makes you feel ugly and useless

Cuts you off from your friends

Stops you working

Never admits he is wrong

Blames you, drugs, drink, stress etc.

Turns the children against you

Uses the children to control you

Never does his share of the housework

Never looks after the children

Expects sex on demand

Controls the money

Threatens or wheedles you to get his own way

Seduces your friends/sister/anyone

Expects you to be responsible for his well-being

MR RIGHT

A Non Abusive Man:



Is cheerful

Consistent

Supportive

Tells you you look good

Tells you you're competent

Uses your name

Trusts you

Trusts your judgment

Welcomes your friends and family

Encourages you to be independent

Supports your learning, career etc.

Admits to being wrong

Is a responsible parent

Is an equal parent

Does his share of the housework

Accepts that you have a right to say "no" to sex

Shares financial responsibility

Takes responsibility for his own well-being and happiness

in short...

Behaves like a reasonable human being.

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