

## What we do

We provide bespoke training to those whose work brings them into contact with victims and/or perpetrators of abuse

- We provide training at various venues throughout the UK
- An animated version of the entire programme is available @ <https://vimeo.com/ondemand/thefreedomprogramme>
- All our training is CPD accredited

## Staff Supervision

Our accredited trainers are all available to provide regular supervision which attracts a CPD Certification for each hour provided. Contact them at the training section on our web site to make arrangements.

## Contact Us

### 24 Hour Freedom Programme Helpline:

TEL: 01942 262 270

### Helpdesk Email

[chris@fpcharity.co.uk](mailto:chris@fpcharity.co.uk)

Website [www.freedomprogramme.co.uk](http://www.freedomprogramme.co.uk)

You can write to us at:

Freedom Programme

PO Box 41

Knighton

LD7 9AF

Business Phone: 01547 520 228

Mobile: 07789 871 309

# The Freedom Programme Training and Services Directory

The Freedom Programme



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Jacky Fleming

## **Information and booking forms for all programmes are available at**

<http://www.freedomprogramme.co.uk/training.php>

### **Three day Training to Facilitate the Freedom Programme**

CPD Certified for 15 hours

The Facilitator Training teaches trainees how to run the Freedom Programme. It is very intense and lasts for three days.

*Each trainee receives a manual, a copy of 'Living with the Dominator' and the 'Freedom Programme Home Study Course' which must be read before attending the training.*

### **One day Training to facilitate the Freedom Programme with abusive men.**

CPD Certified for 5 hours

This training will equip the facilitator with the knowledge required to run the Freedom Programme with men who seek to improve their behaviour.

This course is ideal for facilitators who come into contact with perpetrators as part of their day to day work. Facilitators will gain skills that will allow them to avoid collusion, recognise controlling behaviours and most importantly identify behaviours which seek to groom professionals.

*Each trainee receives a copy of 'Living with the Dominator' and the 'How Hard Can it Be' workbook. It is only open to trainees who have completed the three-day facilitator training.*

### **One day Training to facilitate the Freedom Programme for Women with Learning Differences**

CPD Certified for 5 hours

This training will equip the facilitator with the knowledge required to provide a version of the Freedom Programme which has been specially adapted for service users who have a range of different learning skills. This adaptation is also suitable for women who have been described as having 'Learning Disabilities/Difficulties'. In response to demand our Freedom Programme trainer Hazel Gumbs worked in partnership with NHS CLDT team in Bristol to create this successful programme.

*All trainees receive a manual in the form of a download which they can print off to distribute as handouts. At the event they will also be given a sample printed copy to work with during the course of the training. It is only open to trainees who have completed the three-day facilitator training*

### **Two day Training to Facilitate the official follow on programme Freedom Forever**

CPD Certified for 10 hours

In response to widespread demand we have written and completed a pilot for a 10 week follow on course. Freedom Forever aims to give survivors the skills and knowledge to live a life free from abuse and to stay forever free.

*All trainees receive a manual in the form of a download which they can print off to distribute as handouts. At the event they will also be given a sample printed copy to work with during the course of the training. It is only open to trainees who have completed the three-day facilitator training*