

**The Freedom Programme and Certain Curtain Theatre Company are offering three day facilitator training events.**

**Trainers: Pat Craven, Claire Moore and John Woudberg**

### **Criteria**

Aspiring trainees **MUST** have read 'Living with the Dominator' before **EVEN** applying.

**Only those who intend to facilitate the programme will be accepted on to this training.**

They must also have some prior knowledge or experience of the Freedom Programme. This can come from being involved with an existing programme in their workplace or having completed a 12 week rolling programme as a service user. Otherwise they can complete the Freedom Programme Home Study Course.

This can save organisations a lot of money as they can use the one day training to raise awareness among their staff and not waste the three day training on staff that may never facilitate the Freedom Programme.

Dates and venues for all events are posted on my web site as soon as they are arranged.

The cost is £450.00 plus VAT per person.

This includes lunch, refreshments, a facilitator manual and 2 copies of the book 'Living with the Dominator'. It also includes a performance by Claire and John from Certain Curtain Theatre of their acclaimed play, '**Lady in Red**'

Please return completed booking forms to

Pat Craven, PO Box 41, Knighton, Powys, LD7 9AF

Phone: 01547 520 228

Fax : 01547 529 223

Mobile: 07789871309

E mail: [freedomprogramme@btinternet.com](mailto:freedomprogramme@btinternet.com) or [patcraven@msn.com](mailto:patcraven@msn.com)

Website: <http://www.freedomprogramme.co.uk>

This training enables participants to facilitate the Freedom Programme, not to train other facilitators.

### **Proposed learning outcomes**

1. To help men and women recognise the beliefs held by abusive men and to recognise which beliefs they have shared.
2. To assist women to recognise future abusers.
3. To help men and women to understand the effects of Domestic Abuse on children.
4. To be able to use the programme in a group setting or in individual practice.
5. To understand how the programme helps women gain self esteem and confidence.
6. Trainees are **NOT** qualified to train other facilitators.

### **Training Dates**

See our [website](#) for training dates. Dates and venues for all events are posted on my web site as soon as they are arranged.

## Freedom Programme Training - Booking Form

Preferred date \_\_\_\_\_

Name or names \_\_\_\_\_

Address \_\_\_\_\_

Line 2 \_\_\_\_\_

Line 3 \_\_\_\_\_

Telephone numbers \_\_\_\_\_

Mobile number \_\_\_\_\_

E mail address \_\_\_\_\_

Special needs. e.g. diet or wheelchair access \_\_\_\_\_

How did you hear about this event? \_\_\_\_\_

Please provide a brief description of your experience of the Freedom Programme

\_\_\_\_\_

Please invoice the above address for £450.00 plus VAT at the current rate

### Terms and Conditions

I have already read 'Living with the Dominator' before completing this application form.

If my experience and knowledge of the Freedom Programme is limited I agree to complete the 'Freedom Programme Home Study Course' before attending.

I will use this training to facilitate the programme.

I will not use that training to train other facilitators.

If I cancel my place after the 2 month cut off date, I will be liable to pay the full fee.

I will bring a copy of 'Living with the Dominator' to the event.

I agree to comply with the terms and conditions.

Signed \_\_\_\_\_

Date \_\_\_\_\_

### BEFORE ARRANGING ACCOMMODATION

**Please note that each event can be cancelled or postponed two months before the arranged date if insufficient trainees enrol. Consequentially all trainees who cancel after the 2 month cut-off date will be liable to pay the full fee.**

**PLEASE NOTE THAT ONLY TRAINEES WHO HAVE READ 'LIVING WITH THE DOMINATOR' ARE ELIGIBLE TO ATTEND THIS EVENT**

## Freedom Programme training event Timetable

### Day 1

9.15 am	Arrival and coffee
9.30 am	Introductions. The Dominator and Mr Right. An introduction to domestic abuse.
11.00 am	Coffee
11.15 am	Aspects of the Dominator.
1.00 pm	Lunch
2.00 pm	Aspects of the Dominator.
3.00 pm	Tea.
3.15 pm	Aspects of the Dominator
4.30 pm	Close.

### Day 2

9.30 am	The Sexual Controller
11.00 am	Coffee.
11.15 am	The Sexual Controller.
12.00 pm	The Liar
1.00 pm	Lunch
2.00 pm	The Persuader
3.00 pm	Tea.
3.15 pm	Warning Signs
4.30 pm	Close.

### Day 3

**If we wear red, we are showing support for the actors who perform this incredible play**

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9.15 am	Arrival and coffee
9.30 am	The Effects on children.
11.00 am	Coffee.
11.15 am	Abusive men and assertive practitioners. Information about the men's programme,
1.00 pm	Lunch.
2.00 pm	<b>Lady in Red, a play performed by Certain Curtain Theatre Company.</b>
2.45 pm	Tea.
3.00 pm	After show discussion.
4.00 pm	Finish.