

The Freedom Programme and Certain Curtain Theatre Company are offering three day facilitator training events.

Trainers: Pat Craven, Claire Moore and John Woudberg

New criteria apply from 1st June 2010

Aspiring trainees **MUST** have read 'Living with the Dominator' before **EVEN** applying.

They must also have some prior knowledge or experience of the Freedom Programme. This can come from being involved with an existing programme in their workplace or having completed a 12 week rolling programme as a service user. Otherwise they must attend a one day training event such as 'Schools Out' which includes an introduction to the Freedom Programme.

This can save organisations a lot of money as they can use the £100.00 one day training to raise awareness among their staff and not waste the £450.00 three day training on staff that may never facilitate the Freedom Programme.

Dates and venues for all events are posted on my web site as soon as they are arranged.

The cost is £450.00 plus VAT per person. This includes lunch, refreshments, a facilitator manual and 2 copies of the book 'Living with the Dominator. It also includes a performance by Claire and John from Certain Curtain Theatre of their acclaimed play, '**Lady in Red**'

Please return completed booking forms to

Pat Craven, PO Box 41, Knighton, Powys, LD7 9AF

Phone: 01547 520 228

Fax : 01547 529 223

Mobile: 07789871309

E mail: freedomprogramme@btinternet.com or patcraven@msn.com

Website: <http://www.freedomprogramme.co.uk>

This training enables participants to facilitate the Freedom Programme, not to train other facilitators.

Proposed learning outcomes

1. To help men and women recognise the beliefs held by abusive men and to recognise which beliefs they have shared.
2. To assist women to recognise future abusers.
3. To help men and women to understand the effects of Domestic Abuse on children.
4. To be able to use the programme in a group setting or in individual practice.
5. To understand how the programme helps women gain self esteem and confidence.

Training Dates

See our [website](#) for training dates. Dates and venues for all events are posted on my web site as soon as they are arranged.

**Freedom Programme Training
Booking Form**

Preferred date _____

Name or names _____

Address _____

Line 2 _____

Line 3 _____

Telephone numbers _____

Mobile number _____

E mail address _____

Special needs. e.g. diet or wheelchair access _____

How did you hear about this event? _____

Please provide a brief description of your experience of the Freedom Programme

Please invoice the above address for £450.00 (plus VAT at the current rate)

Terms and Conditions

I have already read 'Living with the Dominator' before completing this application form.

If I cancel within the month before the training I will be liable to pay the full fee.
(This is because it is difficult to fill cancelled spaces at the last minute)

I will bring a copy of 'Living with the Dominator' to the event.

I agree to comply with the terms and conditions.

Signed _____

Date _____

PLEASE NOTE THAT ONLY TRAINEES WHO HAVE READ 'LIVING WITH THE DOMINATOR' ARE ELIGIBLE TO ATTEND THIS EVENT

**Freedom Programme training event
Timetable**

Day 1

9.15 am Arrival and coffee
9.30 am Introductions. The Dominator and Mr Right. An introduction to domestic abuse.
11.00 am Coffee
11.15 am Aspects of the Dominator.
1.00 pm Lunch
2.00 pm Aspects of the Dominator.
3.00 pm Tea.
3.15 pm Aspects of the Dominator
4.30 pm Close.

Day 2

9.30 am The Sexual Controller
11.00 am Coffee.
11.15 am The Sexual Controller.
12.00 pm The Liar
1.00 pm Lunch
2.00 pm The Persuader
3.00 pm Tea.
3.15 pm Warning Signs
4.30 pm Close.

Day 3

It is fun if we wear red

9.15 am Arrival and coffee
9.30 am The Effects on children.
11.00 am Coffee.
11.15 am Abusive men and assertive practitioners. Information about the men's programme followed by active practice in running the programme for men and women.
1.00 pm Lunch.
2.00 pm **A play performed by Certain Curtain Theatre Company.**
2.45 pm Tea.
3.00 pm After show discussion.
4.00 pm Finish.